

UNITARY SCIENCE  
INSTITUTE



TRAINING  
PROGRAMME

## TRAINING PROGRAMME in Transpersonal Growth

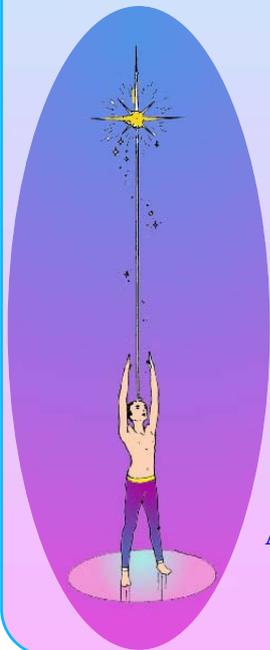


Whether you are a therapist, a sociologist, a psychologist or more simply a seeker of truth, this training programme is for you to learn tools and fundamental keys for the setting up of elements indispensable in the individual's full growth.

The goal of the Institute is to lead the beings on this path. With these elements, you will update your own training; and moreover, if you wish so, you may become a teacher participating in the awakening of planet Earth to other levels of consciousness.

This training purpose is to elaborate the keys of the interdimensional fields which open the doors to the comprehension of the Universal Laws.

It is structured in four levels.



1 *PRESCIENCE*

2 *INISCIENCE*

3 *LUMINESCIENCE*

4 *VIBRASIENCE*

Available by mail or via the internet. The student can work alone or require the help of a teacher. This training is available in about forty countries and translated in a dozen languages.

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# PRESCIENCE

**Prescience** is an approach of the different facets of "a better lifestyle". It proposes a method of transpersonal growth that gives access to the human being's cosmic dimension.

**Prescience** is a teaching cycle in two parts:

## PRESCIENCE TRAINING 1

Six courses convey some basic information about the awakening of the consciousness and the physical, psycho-emotional, mental and spiritual levels of the human being.

### 1 - Connecting Oneself to the Cosmos

Material, Chromosomic, Energetic and Spiritual Family

### 2 - Awakening to Initiation

The cosmic new age

### 3 - The Physical Body

The Different Systems of the Physical Body

### 4 - The Psycho-Emotional Energy

The Galactic Dimension of Human Being

### 5 - The Comprehension of the Mind

The two Functions of the Brain

### 6 - The Spiritual Dimension

The Cosmic Archetype



## PRESCIENCE TRAINING 2

Twelve courses prepare the student for the comprehension of the Initiation Programme in Twelve Levels.

- 1 - Universal Resonance:** abiding by the cosmic order
- 2 - Material Stabilisation:** creating surroundings which are in harmony with the cosmos
- 3 - Social Integration:** expressing one's personality in society
- 4 - Physical Purification:** recovering the transparency of the body
- 5 - Regulation of Vitality:** channelling one's animalo-instinctive vitality
- 6 - Psycho-Emotional Rebalancing:**  
awakening  
one's sensitivity and controlling one's emotions
- 7 - Emotional Harmonisation:** rediscovering universal love
- 8 - Structuring of the Mind:** structuring of the Mind
- 9 - Awakening of Consciousness :** developing an intuitive approach toward the universal weaves
- 10 - Poetic Inspiration:** awakening of the creative spirit
- 11 - Interdimensional Telepathy:** experiencing continuity through all the planes
- 12 - Spiritual Unification:** reintegrating the human being into the unitary field of permanence



*Following this training, you will receive a diploma of "Prescience" from the Institute.*

*Should you be willing to become a Teacher in this level, a training workshop will be proposed to you.*

### MEDITATION CD



- Meditation N°1 :** . Meditation of Elevation  
. Interiorisation Exercise  
. Meditation of Communion
- Meditation N°2 :** . Exercise of contact with the Etheric Weave  
. Meditation of Subtilisation
- Meditation N°3 :** . Exercise of Telepathic contact  
. Meditation for Connection with the Subtle World
- Meditation N°4 :** . Meditation of Unification



### EXERCICE CD

- Prescience Exercises N°1 :** . Universal Resonance  
. Material Stabilisation  
. Physical Purification
- Prescience Exercises N°2 :** . Re-centralisation Exercise  
. Concentration Exercise  
. Communion with the Universe of Soul

### BOOKLET

Nutrition  
Yoga  
Initiatory Sexuality I

### VIDEOTAPES

The Twelve Planes of the Timeless Voyage  
Planetary Communion  
Being Angels Witnesses  
From Primeval Protosynthesis to Future Consciousness  
Pscorps 1  
Harmonisation



## WORKSHOPS

"Mastery and management of energies"	in 3 days
"Facets of Woman"	in 3 days
"Initiation to meditation"	in 1 day
"Contact with other dimensions"	in 2 days
"From Earthling to Galactic Human"	in 4 days
"Knowledge of the Energy Bodies"	in 6 days
"Man/Woman Complementarity"	in 2 days
"Initiation to the Awakening Process"	in 4 days
"Understanding the 12 Planes of the Timeless Voyage"	in 14 days



## PRECENTRES

Should you be willing to follow a more living teaching, you can join a "listening center", or create a new one, to share your ideas and experiences in a friendly atmosphere, and to receive two tapes per month on various themes:

*"Awakening our ability of elevation"*

*"Connecting to the Divine plane"*

*"Truth, goodness and beauty"*

*"Choosing our happiness"*

*"Karma and Dharma"*

*"Love and Consciousness"*

*"Energy feed"*

*"Voyage through time line"*

*"Recovering enthusiasm"*

*"Perceiving the world of energy"*



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## INISCIENCE

**Iniscience** involves a mutation process of the whole human nature along with the connection of power to consciousness. It enlarges the study and knowledge of the previous Prescience programme..

The 12 lessons of Iniscience rest on theoretical and practical knowledge and on a process of reflection and personal development in harmony with the laws ruling the universe..

**Iniscience** is a teaching cycle in 4 parts:

### INISCIENCE TRAINING 1

Three lessons will allow a full blossoming of your personality on the following levels: :

**1 - Universal Resonance:**

The Single Atom

**2 - Material Stabilisation:**

Managing one's Life

**3 - Social Integration:**

The Creature's Evolution



## INISCIENCE TRAINING 2

With three lessons you will pursue the growth of your personality on the following levels:

- 1 - Physical Purification:**  
Resonance with the Essentials
- 2 - Regulation of Vitality:**  
Man-Woman Relationship
- 3 - Psycho-emotional Rebalancing:**  
Operational Therapy



## INISCIENCE TRAINING 3

With these three lessons you will pursue the growth of your personality on the following levels:



- 1 - Emotional Harmonisation:**  
Love
- 2 - Mental Structuring:**  
Our Brain
- 3 - The Awakening of Consciousness:**  
Subtle and Energetic Vehicles

## INISCIENCE TRAINING 4

With these last three lessons you will pursue the growth of your personality on the following levels:

- 1 - Poetic Inspiration:**  
Creativity
- 2 - Interdimensional Telepathy:**  
Telepathic Line
- 3 - Spiritual Unification:**  
Divine Communion



*Following this training, you will receive a diploma of "Iniscience" from the Institute.*

*Should you be willing to become a Teacher in this level, a training workshop will be proposed to you..*

## MEDITATION CD



**Meditation N°5 :** . Intensifying one's Vehicle of Light

**Meditation N°6:** . Meditation for Contact

**Meditation N°7:** . Contact with the Vehicle of Light

**Meditation N°8:** . The Lotus Flower

**Meditation N°9:** . Earth-Heaven Junction

**Meditation N°10:** . Subtle Communion

**Message of Harmony**



## EXERCICE CD

**Iniscience Exercices N°1 :** . The Cosmic Voyage  
. Exercise of Harmonisation

**Iniscience Exercices N°2 :** . Meditation for Blessing  
. Exercise of elevation towards  
Transcendent Love



## BOOKLET

**Initiatory Sexuality II**

## VIDEOTAPES



**Psycorps 2**

**Psycorps 3**



## WORKSHOPS

"Essential Woman"	in 4 days
"Achieving one's Happiness"	in 4 days
"Initiation to the Timeless Voyage"	in 4 days
"Growth of the Subtles Bodies of Energy"	in 10 days



## INICENTRES

Should you be willing to follow a more living teaching, you can join a "listening center", or create a new one, to share your ideas and experiences in a friendly atmosphere, and to receive two tapes per month on various themes:

- 
- "The Creature amidst the Universe"*
  - "Exactness"*
  - "Internal, Eternel, External, Seternel"*
  - "The Management of Pride and Selfishness"*
  - "Becoming More Subtle"*
  - "God helps those who help themselves"*
  - "Connection - Disconnection"*
  - "Consciousness unifies and power divides"*
  - "Immortality process"*
  - "Coming out of our habits - Developing our totality"*
  - "Talent and oath"*
  - "Unification - Duality ("Dualification")"*
  - "Animal drives, human desires and spiritual aspirations"*
  - "NDE"*
  - "Control of forces"*
  - "The creation, a mirror reflection of the creator beam"*
  - "Principle of existence"*
  - "The parable of the fruit"*
  - "The main reason of our incarnation"*
  - "The complexity of the being"*
  - "Reconnecting our life to Unity"*
  - "Washing out our subconscious"*
  - "Alchemy"*
  - "Being in the permanence"*
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## LUMINESCIENCE

**LUMINESCIENCE** awakens the being to the interdimensional and energetic conditions needed for the being's self-realisation.

### LUMINESCIENCE TRAINING

It involves several cd rom, booklets and videotapes. Here are some of the topics:



**Power**  
**Consciousness**  
**Incarnation**  
**The Management of Energies**  
**Out-of-body Journey**  
**Time lines and Timeless Lines**  
**Matter and Anti-matter**  
**Spiritual family**  
**Matter, Space and Time**  
**The Various Dimensions**  
**The Body of Light**  
**The Internal Unity**

*Following this training, you will receive a diploma of "Luminescence" from the Institute.*

*Should you be willing to become a Teacher in this level, a training workshop will be proposed to you.*

## MEDITACTION CD



- Meditaction N°11:** . Un-rooting one's Terminal  
**Meditaction N°12:** . Energy Bodies, and the Chakras  
**Meditaction N°13:** . Full Growth of the Brain  
**Meditaction N°14:** . Voyage into the Inner Universe



## EXERCICE CD

- Luminescence Exercise N°1:** . Exercise of Cell Illumination  
**Luminescence Exercise N°2:** . Exercise of Etheric Flight

## CREATIVE CONSCIOUSNESS CD



- Interdimensional Invocations**  
**Advice from the Gods**  
**Spiritual Union**  
**The Ancestor's Law 1**  
**The Ancestor's Law 2**

## VIDEOTAPES

- Psycorps 4**  
**Psycorps 5**





## WORKSHOPS

**"The Blooming of the Inner Being"**

**in 14 days**

**"The Body of Light"**

**in 7 days**



## LUMICENTRES

Should you be willing to follow a more living teaching, you can join a "listening center", or create a new one, to share your ideas and experiences in a friendly atmosphere, and to receive two tapes per month on various themes:

*"Contact with Transcendence"*

*"Voyage towards the Unitary Field"*

*"Quintessence and Synthesis"*

*"Schema of Transfer"*

*"The Consciousness of Mastery"*

*"Building the Unitary Body"*

*"Adequacy with the Plane of Light"*

*"Continuity of our Imperious System with the Internal Unity"*

*"The Voyage of Consciousness through Incarnation"*

*"Strengthening one's Presence in the Field of Light"*

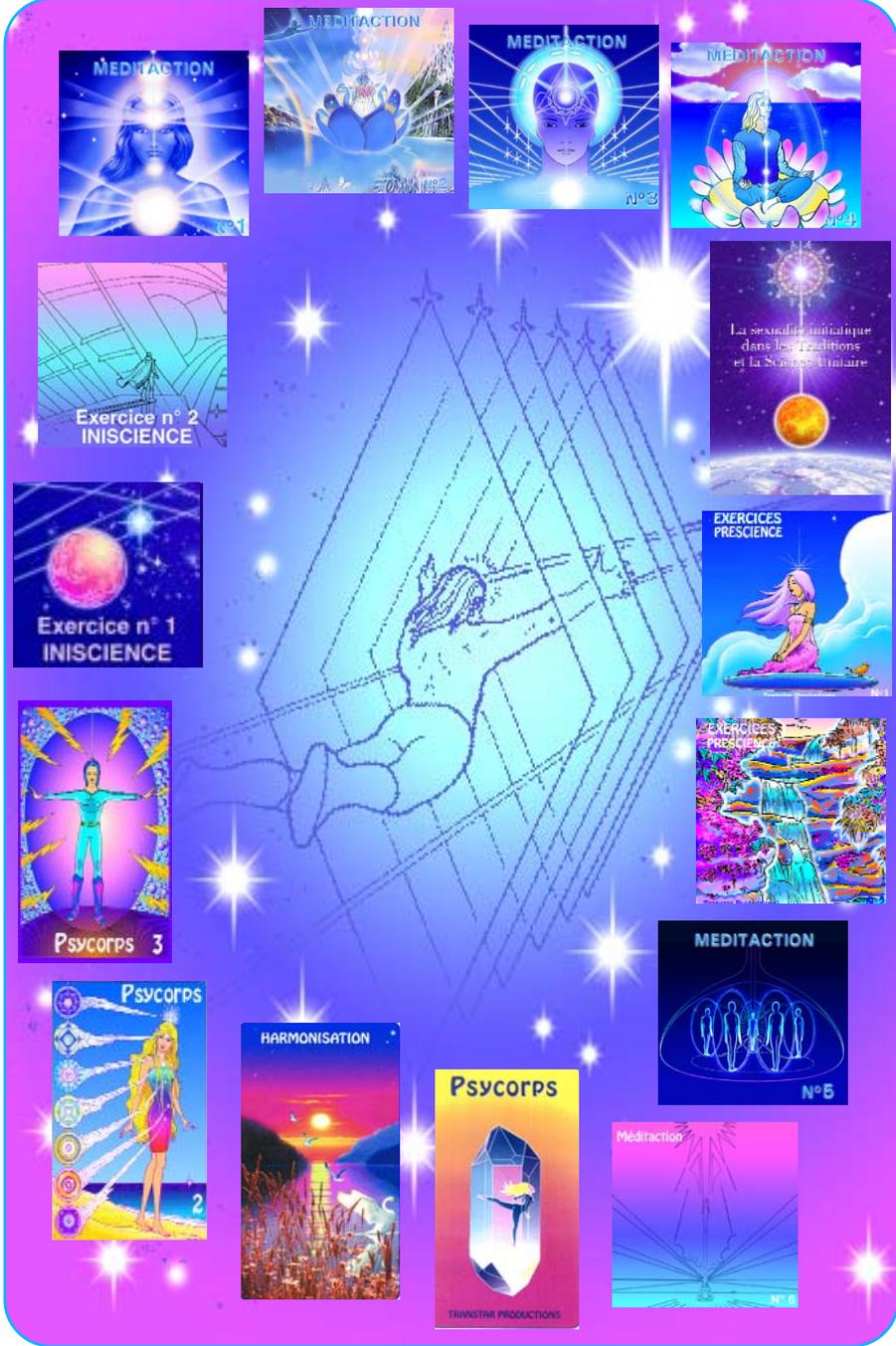
*"Re-building one's Auric Envelope"*

*"Crystal of Energy"*

*"Mastery over one's Auric Limit and Reconnexion"*

*"Successfully managing one's Interdimensional Operativity"*





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## VIBRASCIENCE

**Vibrascience** involves the study and practice of the Intra-universal Unitary Science. It is an introduction to the operational dimension allowing contact with the superior hierarchies. .

### VIBRASCIENCE TRAINING

It is a set of booklets, cd rom, audiotapes and videotapes. Here are a few topics among many:

**The Operational Mastery of Energies**

**The Science of the Thaumaturgist**

**Contact with the Vessels**

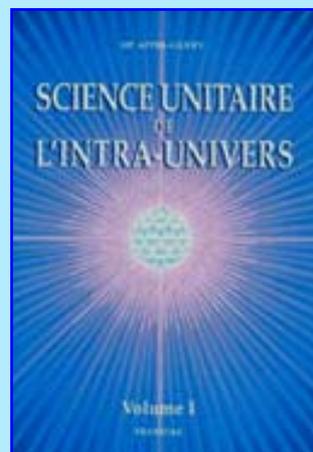
**Knowledge of the Secret Forces of Nature**

**The Growth of our Body of Immortality**

**Organisation of the Being in the Unitary Field**

**Getting out of our Local Universe**

**Explanation on the Management of Forces and on the Interdimensional Weaves**



*Following this training, you will receive a diploma of "Vibrascience" from the Institute.*

*Should you be willing to become a Teacher in this level, a training workshop will be proposed to you.*



### MEDITACTION CD



**Meditaction N°15:** . Building one's Vehicle of Energy

**Meditaction N°16:** . Body of Invisibility



### EXERCICE CD

**Vibrascience Exercises N°1:** . Voyage in the Vessel

**Vibrascience Exercises N°2:** . Contact with Interdimensions

### CREATIVE CONSCIOUSNESS CD



**The Ancestor's Law 3**

**The Ancestor's Law 4**

**The Ancestor's Law 5**



### VIDEOS

**Psycorps 6**

**Psycorps 7**



### STAGES

**"Operational Management of Energies"**

**in 7 days**

**"Growth of the Body of Immortality"**

**in 7 days**

**"The Intra-universal Unitary Science"**

**in 7 days**



## **NEWSPAPER**

**An annual subscription  
allows you to receive each month  
by email or by postal mail  
the newspaper “The Etherian”.**

## **INTERNET**

**Visit our website:  
<http://www.instsui.org>**

**The Institute members can have access to a newsgroup  
where these members from all around the world  
can exchange with the animators.**

## **Sites**

Imageration :	<a href="http://www.appelguery.com">http://www.appelguery.com</a>
Interplanetary Village:	<a href="http://www.interneland.com">http://www.interneland.com</a>
University of the future:	<a href="http://www.unitaryscience.com">http://www.unitaryscience.com</a>
Workshops:	<a href="http://www.harmonysession.com">http://www.harmonysession.com</a>
Gift shop:	<a href="http://www.axiel.com">http://www.axiel.com</a>
Fairy cards:	<a href="http://www.fairimages.com">http://www.fairimages.com</a>
Music:	<a href="http://www.interamusic.com">http://www.interamusic.com</a>
Women:	<a href="http://www.cosmicwomen.org">http://www.cosmicwomen.org</a>



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Web site : <http://www.instsui.org>**

## IJP. Appel Guéry's books



**The Intra-Universal Unitary Science**  
Volume 1 and 2  
(Editions Transtar)



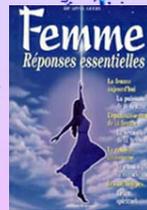
**Internal Awakening - volume 1, 2 and 3**  
(Editions Transtar)



**Spiritual Idyll**  
(Editions Ediru)



**From Earthling to Galactic Being**  
(Editions de Mortagne)



**Woman**  
**Essential answers**  
(Editions Trajectoire)

**A Friend's Daily  
Words of Wisdom**  
(Editions Les 3 Monts)



**Achieving  
one's Happiness**  
(Editions Les 3 Monts)



**Being, Angels,  
Witnesses**  
(Editions de Mortagne)



**Timeless Voyage**

Comic strip  
Script : Appel Guéry

Drawings : Sergio Macedo



(Editions Aedéna)

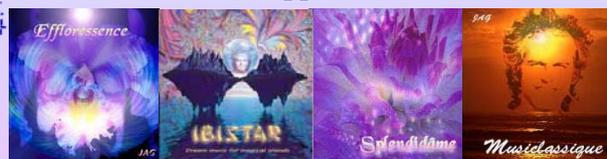
## MUSIC CDs



For relaxation



For dream, happiness and dance



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